

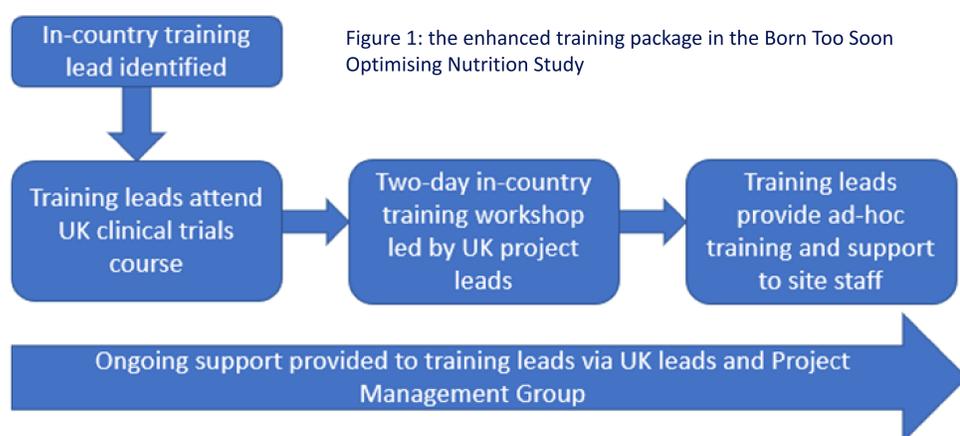
Evaluation of a clinical trials training package in a neonatal trial in Kenya and India

EJ Mitchell¹, J Aluvaala², L Bradshaw¹, J Daniels¹, A Kumar³, J Opira⁴, M Oliver¹, P Pallotti¹, Z Qureshi², R Swinden¹, F Were², S Ojha^{1,5}
¹University of Nottingham, UK; ²University of Nairobi, Kenya; ³Banaras Hindu University, India; ⁴Kenya Paediatric Research Consortium (KEPRECON); ⁵University Hospitals of Derby and Burton NHS Trust

Background

- Training essential before working on a clinical trial
- Limited evidence on effective training methods
- Training research staff is 2nd highest priority in global health trials methodological research agenda¹
- Important to consider that methods to train UK research staff might need to adapt for staff in low and middle income countries (LMICs)
- Infrastructure for training less well established in LMICs than in UK (e.g. GCP training)
- Previous experience of training involved “classroom based” training on the study protocol

Methods



- Enhanced training package (Fig 1) evaluated in Born too Soon Optimising Nutrition study
 - Two hospitals: Nairobi (Kenya), Varanasi (India)
 - Observational study, Feasibility RCT, Qualitative study
- Consent for participation gained
- Questionnaires completed before & end of study:
 - Demographics and research experience questionnaires
 - Protocol-specific questions to test knowledge
 - Informed consent and ICH-GCP² (pass mark = >80%)

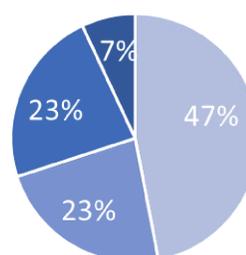
Conclusions

- No significant differences between knowledge at start and end of study
- Scores lower than The Global Health Network “pass” mark of $\geq 80\%$
- Study significantly disrupted by Covid-19 pandemic – long delay between baseline training and study start
- More research needed on best methods for research training and capacity building for studies in LMICs

Results

- 30 participants in 2-day training sessions – all completed baseline questionnaires

Role of participants in training event

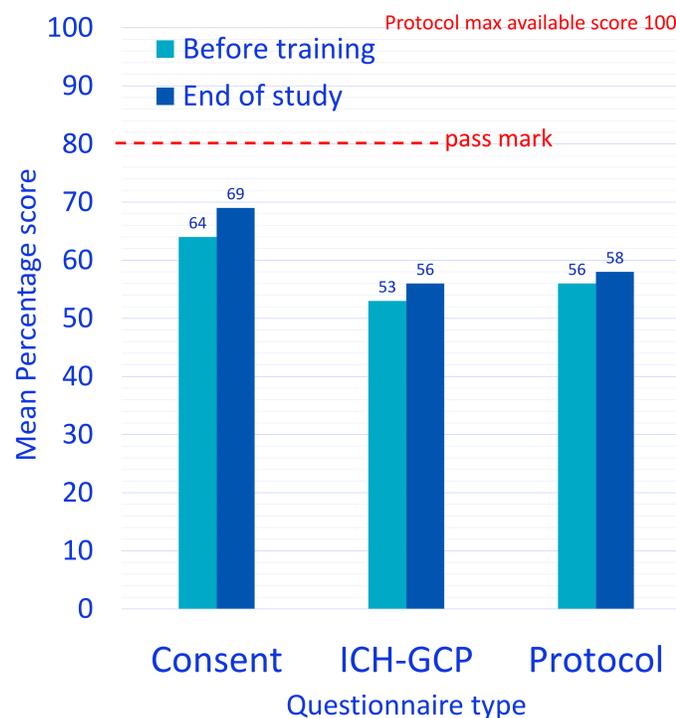


■ Nurses ■ Doctors
 ■ Academics ■ Other

73% of participants had worked on a research study before

Yet only 50% had received any research training

19 participants (63%) completed baseline and end of study questionnaires



- Only small differences in means seen between baseline and end of study
- Staff with **prior** research experience scored higher than those without, at baseline

Training sessions in Kenya and India – December 2019



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